

Lookout Magazine

The Parish Magazine for
Alphamstone, Lamarsh,
Great & Little Henny, Middleton,
Twinstead & Wickham St Pauls



July - August 2024



French Bistro Evening

Saturday 20th July . 7.30pm

£45 PER TICKET - INCLUDES 3 COURSE MEAL

The Pheasant, Audley End, Gestingthorpe, Halstead, Essex, CO9 3AU
01787 465010 www.thepheasant.net

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Please note all copy to be emailed to the editor by the 8th of the Month, thank you

Dear Reader,

I really appreciate the contributions you are making, and the helpful comments too, as well as of course the kind remarks. It is you all who are helping to make this an interesting, amusing, enlightening read, and now I would love to receive some of your experiences during the holidays.

Here is an idea to help you, taken from an old recipe book:

How to preserve children

1 large grassy field
½ doz children

2/3 small dogs
pinch of brook

some pebbles
flowers

Mix children and dogs together, stirring constantly. Pour brook over pebbles. Sprinkle field with flowers. Spread deep blue sky over all, and bake in hot sun. When brown, remove and set aside to cool in a bathtub. This is guaranteed not to fail.

Could a reader offer to send me the occasional Gardening Tips please? I am sure this would be enjoyed and appreciated – I look forward to hearing from you.

Following the article in June's issue of The Love of Aprons, a reader wrote: "Made me recall days of long ago and my Mother doing all those things in the house and garden using her apron.

And another memory: A friend had a very possessive toddler and even her disappearing and going to the loo would create howls. But she found that if she put the apron over her head and her son couldn't see her face but only her body - well that was fine by him..... So aprons really do matter!!"

I hope you have a lovely summer, that the sun shines on you, (extra amusements included in case it rains!), and I will be back with Lookout in September, when the contribution date is **5th August** (holiday time) with cut-off by 12 noon, **Wednesday 7th August**.

With my good wishes to you, and our cover for this month is the Rambling Rector in our garden.

Susannah

Thank you from Paul Spencer's family:

Liz, Jenny and Becky would like to thank everyone for the overwhelming support received following Paul's illness and untimely death.

"We were deeply grateful for everyone who helped us and those who came to the commemoration service at All Saints Church, Wickham St Pauls - it was much appreciated and a great comfort to us".

SIX VILLAGES DIARY DATES

W.S.P. Post Office open Tuesday 10.00 – 1.00pm, and Thursday 9.00-1.00 in the Village Hall.
Bowls every Monday 2.00-4.30 in Wickham Village Hall. Rambler Walks dates see Middleton.
For Lamarsh's regular events please see Lamarsh pages. Church Service Rotas on pages 8 & 9.

July 2024

Tues 2	10.00	Mobile Library	Box Iron Green, Midd'on
	2.00	Crafternoon	Henny Parish Room
Thurs 5	10.40-12.00	Coffee Morning	Lamarsh V.Hall
Sun 7	3.30	Gt.Henny Duck Race	Henny Swan
Tues 9	10.30	Pop-In Café	Alphamstone V.Hall
Sat 13	10.00-12.00	Village Hall Social	Twinstead V.Hall
Tues 16	9.30	Crafty Women	Spencers Fm Shop
Fri 19	12.00-1.00	Sandwich & Cake Lunch	WSP Village Hall
Sun 21	5.00	Social Evening	Alphamsone V.Hall
Tues 23	10.30-12.00	Pop-In Café	Alphamstone V.Hall

August

Thurs 1	10.30-12.00	Coffee Morning	Lamarsh V.Hall
Wed 7	2.00	Craft Group	Henny Parish Room
Fri 16	12.00-1.00	Sandwich & Cake Lunch	WSP Village Hall
Tues 20	9.30	Crafty Women	Spencers Farm Shop
Mon 26	12.00-4.00	Games on the Green	Alphamstone V.Green
		Dog Show	Lamarsh

September

Tues 3	2.00	Craft Group	Henny Parish Room
Sat 7	1.00-5.00	Fun Dog Show	Wickham V.Green
Tues 10	10.30-12.00	Pop-In Café	Alphamstone V.Hall
Wed 11	10.30	Dog Walk & Light Lunch	Twinstead
Sat 14	10.00-12.00	Village Hall Social	Twinstead V.Hall
	Ride & Stride	All our parishes	
	1.00-5.00	Dog Show	The Green, W.S.P.
Fri 20	12.00-1.00	Sandwich & Cake Lunch	WSP Village Hall

October

Wed 2	2.00	Craft Group	Henny Parish Room
Fri 18		Quiz Night	Twinstead V.Hall

December

Sat 7		Christmas Market	Middleton church
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2025

June 14-15		Flower Festival	Twinstead Church
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Smile Lines

Miscellaneous observations:

I'm supposed to respect my elders, but it's getting harder and harder for me to find one now.



Pastoral Ponderings



I wonder if anyone keeps a 'journal'? They come in many forms such as a diary, written thoughts, pictures, art, photos or even scrapbooks. It is a way of recording and mapping your life journey and processing your thoughts.

I gave a notebook to a friend recently and she said, 'oh good, it can be my next journal'. She said her husband thinks future historians will love her as she records things like the price of groceries and utility bills!

I revisited my journal recently. Just to clarify (and confess) I am not a very consistent or committed journal keeper but I do like to record significant events of my life story. As I looked back I noticed a couple of significant dates; at the end of June it is 15 years since I was ordained a deacon and at the beginning of July, 14 years since I was ordained a priest. However, perhaps more relevant, is the fact that at the end of June, I have been serving in the parishes of North Hinckford for 5 years.

So what has that journey looked like I wonder? Well despite a global pandemic, the vacancy of a Team Vicar and all the unseen desk work(!), it has been a blessing of getting to know people, worshipping on Sundays, being in schools, being a spiritual companion and pastoral support. Together we have explored the Christian faith (usually over a meal, coffee, or a pint or two, even perhaps pulled by me!) and I have prayed for you and with you. I have had the privilege to walk alongside people in the joys, sorrows and seasons of life, to celebrate festivals from harvest to Christmas and many more, and I could go on. As always in life, there have also been fallow periods, times of uprooting as well as times of planting, times of growth and times of harvest. I am very thankful for the many blessings I have received here and very much look forward to seeing what this next season brings.

With journal writing, also comes the opportunity to be thankful. Thankfulness is a healthy way to look after our wellbeing, to notice our blessings and keep us humble. Life doesn't always feel fair, or straight forward and we often have to find our anchor in the storms of life but remember, whatever may pass, love always remains.

My invitation to you, if you don't already do this, is to have a go at keeping a journal, in whatever way it works for you. In time, hopefully, you will then be able to look back, to look at the journey you have made, see just how far you have come and be thankful.

Rev Gill



Braintree Area Foodbank July & August's 2024 Shopping List

Urgent items we need

- Tinned cold meat i.e. Spam
- Tinned hot meat i.e. Stews
- Tinned vegetables
- Tinned fish
- UHT Milk
- Cereal

Urgent Non-food items

- Female deodorant
- Female shampoo

Other stock items we really need

Jam

Sponge puddings

Rice (500g bags)

Pasta sauce

Tinned fruit

Tinned hot snacks

Tinned rice pudding

Squash (small bottles)

Coffee (small jars)

Tinned potatoes

Tinned spaghetti

Pasta (500g bags)

Rice (500g bags)

Packet custard

Chocolate bars

Biscuits

Tea bags (40/80 packs)

* Please note: We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

We are always pleased to accept monetary donations if you prefer or Supermarket Gift Cards.

Please Note: We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

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W: www.braintreearea.foodbank.org.uk/give-help/donate-food

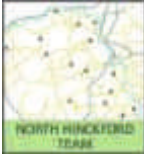




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Vanessa Green, Public Relations Manager. Braintree Area Foodbank Ltd Postal Address: Unit 6
Lakes Industrial Estate, Lower Chapel Hill, Braintree, CM7 3RU pm@braintreearea.foodbank.org.uk

NORTH HINCKFORD TEAM

JULY 2024

	7th July Sixth Sunday after Trinity Green	14th July Seventh Sunday after Trinity Green	21st July Eighth Sunday after Trinity Green	28th July Ninth Sunday after Trinity Green
ALWAYS CHECK OUR WEBSITE FOR ANY CHANGES AND UPDATES www.northhinckfordteam.org				
Alphamstone	9.30am Lay-led Book of Common Prayer Morning Prayer	9.30am Holy Communion		
Belchamp Otten			4 o'clock Worship Together	9.00am Holy Communion Book of Common Prayer
Belchamp St Paul		4.00pm Holy Communion		 10.30am Worship Together Bulmer
Belchamp Walter	11.15am Holy Communion			
Borley			11.15am Holy Communion	
Bulmer		11.15am Holy Communion		
Foxearth		10.30am Morning Worship Lay-led	9.30am Holy Communion	
Henny	9.30am Holy Communion			
Lamarsh			9.30am Holy Communion	
Liston				
Middleton	11.15am Holy Communion			
Ovington	9.30am Holy Communion			
Pentlow		11.15am Holy Communion		
Twinstead				
Wickham St Paul	 4.00pm Book of Common Prayer Benefice Evensong	9.30am Holy Communion		

NORTH HINCKFORD TEAM SERVICE ROTA AUGUST 2024

	4th August Tenth Sunday after Trinity Green	11th August Eleventh Sunday after Trinity Green	18th August Twelfth Sunday after Trinity Green	25th August Thirteenth Sunday after Trinity Green
ALWAYS CHECK OUR WEBSITE FOR ANY CHANGES AND UPDATES www.northhinckfordteam.org				
Alphamstone	9.30am Book of Comon Prayer Lay-led Morning Prayer	9.30am Holy Communion		
Belchamp Otten				9.00am Book of Common Prayer Holy Communion
Belchamp St Paul				 10.30am Worship Together at BULMER 'Songs of Praise' 
Belchamp Walter	11.15am Holy Communion			
Borley			11.15am Holy Communion	
Bulmer		11.15am Holy Communion		
Foxearth		10.30am Lay-led Morning Prayer	9.30am Holy Communion	
Henny	9.30am Holy Communion			
Lamarsh			9.30am Holy Communion	
Liston				
Middleton	11.15am Holy Communion			
Ovington	9.30am Holy Communion			
Pentlow		11.15am Holy Communion		
Twinstead				
Wickham St Pauls		9.30am Holy Communion		

Sudbury & South Suffolk Citizens Advice Bureau

School Uniform Advice Column 2024

“The school holidays are about to begin and as a parent I'm already dreading September. School costs can quickly mount up - uniform, transport, trips and probably more I haven't even thought of yet - I'm really worried I won't have enough money to cover it all. How will I manage?”

School costs can seem overwhelming, but if you are on a low income your local council might help you with some of the expense.

As any parent knows there are a multitude of opportunities and requirements that go hand-in-hand with school, and many come with a price tag. For that reason, there is support available when it comes to paying for school uniforms, trips and essential equipment. Some extracurricular clubs such as music might also have funding available. You can find what your local council offers here <https://www.gov.uk/find-local-council>.

When it comes to uniform, schools have a responsibility to make sure they are affordable. A good starting point is the school website which will have the uniform policy, as well as how to find second-hand items.

Some schools will require branded items, but these must be kept to a minimum in line with government guidance on affordability, available at www.gov.uk. If you are worried you still cannot afford the required uniform, you should speak to someone in the school office who might be able to help.

In terms of food, children in infant school - reception, year one and year two - automatically get free school meals. If your child is in junior school - years three to six - you can apply for free school meals if you get certain benefits.

In some cases, free transport is available. If your child is aged five to 16 your local council might help with free or lower-cost transport if you don't live near school or your child is unable to walk there. For older children in sixth form or training as an apprentice, there may also be support available. You will need to ask your local council if they can help. Unfortunately we can not help with homework, but there is more information on financial support that is available for school costs and general budgeting advice on the Citizens Advice website - www.citizensadvice.org.uk

For more information visit the Citizens Advice website at www.citizensadvice.org.uk or call Sudbury and South Suffolk Citizens Advice on 01787 321400 and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number. Alternatively, get in touch by using the contact facility on our website, <https://www.sudburycab.org.uk/contact>

We are providing advice by telephone and email Monday – Thursday, 10am – 3pm.

Crafty Women

Enjoying Crafts Together!

So far the weather seems to have forgotten that Summer should be here!

If it has now made an appearance and we can spend happy days in our gardens, perhaps our crafts are set aside.

So why not come for a pleasant two hours with friends enjoying your craft.

Crafty Women would love to see you at Carter's Cafe, Spencer's Farm Shop in Wickham St Pauls on Tuesday July 16th from 9 30am.

Enjoy a chat and refreshments whilst you work.

The following meeting will be Tuesday August 20th.

You will be most welcome.

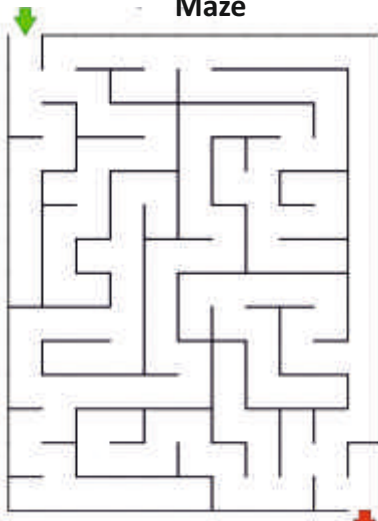
More details from Rosemary Ingram 07958 744421 jringram@outlook.com

Sudoku Solutions on page 25

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7			2				5	
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	4		3		6		1	
	7	6		5				
	6				7			3
3			5					2
		5						

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Maze



Smile Lines

Miscellaneous observations:

A bus station is where a bus stops. A train station is where a train stops. On my desk, I have a work station.



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Alphamstone

Magazine Contact **Melinda Varcoe 01787 269570**



Melinda Varcoe writes:

Watching our grand-children, and so enjoying their zest for life and curiosity about everything, I've been recalling childhood summers in the 1950s. Laments for the vanished innocence of those simpler days are fashionable, and yet...

With my sisters I made dens in the garden - so do the grandchildren. Most of our games began with 'Let's pretend...'; we inhabited wonderful make-believe worlds, concocting fabulous outfits from the dressing up box - so do they! - or performing major surgery on toys and dolls. I made 'perfume' for my mother from flower petals and water - so do they. I had a brightly coloured bucket and spade, and made futile trips to the sea to fill up the moat of my sandcastle with water - so do they. I loved (and still love) curling up with a book - and so do they. And the summer holiday treats haven't changed much either. Fish and chips is still the only possible meal at the end of a sunny, windswept beach day, licking fingers covered in salt and vinegar, and outwitting the seagulls for those last chips. Thank goodness a soft pile of ice cream in a tasteless cone, with a chocolate flake - the legendary '99' - can still be found among the elegant scoops of mango sorbet and salted caramel on sale in modern resorts. And of course there are the sticks of seaside rock, never, ever eaten anywhere else; as Nigel Slater puts it in his affectionate book 'Eating for England,' "It's one of the few items of confectionery that has made no attempt to climb upmarket. But then, how could it? It doesn't do organic or free-range or additive-free. It's pure unapologetic sucrose, glucose and colouring, right through to its teeth-shattering heart." Pink and white with red lettering all through, (HOW do they get that in there, we wondered?) and tasting like toothpaste, but that's where any pretence at wholesomeness ends - it's inexcusable, but delicious, just as a treat should be. So it seems to me that, despite the onslaught of sophisticated technology, social media and advertising hype, there's still plenty of scope for fun, old-fashioned or otherwise.

I hope your summer will be fun-filled, with sunshine, treats and new memories to go with the slightly dusty but treasured ones from the past!

The Grand Fête! What a brilliant day!

Kathryn Parsons writes: I am really happy (and relieved!) to report that we had a very successful and enjoyable fête. Although the weather forecast said 'rain' it miraculously stayed dry, and many of you came along to enjoy the stalls, fantastic food, music and bar. As I write this the finalised figures are still to be calculated but we raised around **£4,300** which is absolutely amazing. Laura, Sue, and I would like to thank everyone who helped make the day what it was; we worked hard to organise it but the folks of Alphamstone responded to our pleas, and helped to make the day such a success, and a really worthwhile fundraiser for the Village Hall and Church Buildings Fund.

St Barnabas & village news

Adrian Huggins writes:

When the World seems to be dissolving in fractious, belligerent, and increasingly dangerous divisiveness, and our own self-serving and self-promoting politicians provide daily displays of jaw-dropping incompetence, there is something peculiarly satisfying about simple instances of community spirit, kindness, and co-operation in our local villages. Three particular examples of this in Alphamstone this month are worth recording here.

First, on May Bank Holiday Monday was the village Fête, a tradition which was at risk of dying quietly but for the efforts of a small selfless committee and its supporters who put in a vast amount of time to provide enjoyment for the rest of us, and at the same time raised over £4,300. It was particularly pleasing to see several young children in the village playing active roles in the event.

Second, was the acquisition for the local Church of a fine 1930s Reed Organ, manufactured by the specialists John Hunt and Co of Birmingham and donated with his usual generosity by Desmond Bridge, who has served on the committees of the Village Hall, the Parochial Church Council, The Friends of St Barnabas, and Ferriers Barn for many, many years and who is sadly leaving Alphamstone to be nearer his daughter in Yorkshire. A kinder and more self-effacing man it would be hard to find. In this context, thanks is also due to Andrew Marsden from Lamarsh who hunted down the organ in Norfolk, brokered the deal to obtain it, and arranged for its installation.

Thirdly, there was a very special memorial service at the beginning of June for Joanna Maley attended by some 127 people who wanted to say their goodbyes to a lovely lady, and to show her husband, Mark, just how much she was loved. The Church was full and overflowing. The service was led most sensitively by our vicar, Claire Wilkinson. The organ came into its own. Unusually large areas were needed for parking, which was provided in a neighbouring field by John McGlashan. Joanna wanted there to be smiles, laughter, and colour at the event. She got all three. The flower arrangements by Sue Faull and Susan Langan were magnificent. The service was followed by a happy gathering in the splendid barn at Shrubs Farm, thanks to the hospitality of Robert and Sara Erith. As someone who has lived a quintessentially urban existence for most of my 72 years, I am finding immense pleasure in Village life in a small community which takes the time to look out for its members in what may seem small ways, but which are ultimately immeasurably important ones. It helps to forget about unpleasant things in the wider world way beyond our control.

Adrian Huggins, The Old Rectory, Alphamstone.

Village Hall

Pop in Coffee Mornings - a social morning of coffee, cake and chat. Alternate **Tuesdays 10.30 - 12.00**. The July dates are: **9th & 23rd July**

We then stop for a summer break and restart on Tuesday 10th September

Social Club Film Evening

This month's screening is on **Sunday July 21st**, 5pm in the village hall. More details to follow by email. To be included just let me (melindavarcoe@gmail.com) know your email address.

Games on the Green

Looking ahead, if you're here for Bank Holiday **Monday 26th August**, we will be repeating Games on The Green. We ran this last year and it was a lovely relaxed day involving a bit of local competition, lots of catch up chat and happy families. This year again there will be loads of free games to play set out on the green in front of the Village Hall, including a boules area. There will be a bar and the Village Hall will be open and serving sausage rolls, cakes and drinks etc to keep you fed and watered. Or you can bring your own picnic. Hopefully see you there!



Gary sang a solo



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Great & Little Henny

Magazine Contact **Stella Bixley 01787 269317**



Henny Parish Room News

Address: Henny Parish Room, Clay Hill, Great Henny CO10 7NL

Registered charity no. 301315

Tickets or information: Stella Bixley 01787 269317

Henny Parish Room Facebook page <https://www.facebook.com/pages/Henny-Parish-Room/788850521144073>

Henny e.newsletter Contact hennynewsletter@gmail.com to subscribe to receive regular village updates via the Henny Newsletter.

Henny Parish Room needs your help to raise free donations!

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<https://www.easyfundraising.org.uk/causes/hennyparish/>

Henny Parish Room Lottery

1st Prize £35 2nd Prize £20 3rd Prize £15

Prize winners for the June Draw

1st Prize 104, 2nd Prize 77, 3rd Prize 119

The Henny Parish Room Lottery raises vital funds to maintain Henny Parish Room for our community.

We thank you for your ongoing support, either through renewing your annual subscription, or by joining the Henny Lottery.

Tickets are just £1.00 each and you can hold as many as you like.

If you would like to join the Henny Parish Room Lottery just contact us by e-mail, phone or speak to a committee member and we will send you an application form.

E – mail hennyparishroom@gmail.com or ring 07939 243 631.

In aid of Henny Parish Room funds

Henny Craft Group

All welcome. Come and bring your sewing, knitting, art and craft projects to work on whilst having a chat over a cuppa and cake. There will be a charge of £3 to cover the cost of hall hire, heating and refreshments. If you are planning to attend it would be helpful if you could email: sue.trott@yahoo.co.uk so we have an idea of numbers for refreshments and setting up the room.

Future meetings:

Tuesday 2nd July at 2pm.

Wednesday 7th August at 2pm

Tuesday 3rd September and Wednesday 2nd October



Garden Clippings

What an unusual and concerning early summer it is in the garden. Not a single duckling has been seen. I cannot remember this ever being the case before during our many years of living here. There is usually a dramatic tale to tell of the exploits of ducklings but this year nothing. The moorhen had three chicks which soon also disappeared. Goslings also seem few and far between, with only one small brood being seen on the riverside lawn accompanied by three adults. In the past we have had the riverside lawn virtually full with massed assorted families of Canada Geese. Maybe the recent late flooding of the river following heavy rainfall has caused them problems.

Our garden is in a terrible state! Overrun with weeds, particularly bindweed. We have been occupied for some time with a project away from home and regrettably our garden has been left virtually untended apart from keeping the lawns mown. The bindweed in particular has spread everywhere and one wonders if you stand in the same place for too long whether you too will be encased in its entwining stems! The stems seem so much stronger and leaves bigger than normal too. The herbaceous border on the riverside lawn, submerged for much of the winter under floodwater looks most dismal. Many plants failed to survive being waterlogged for so long and the weeds are flourishing here too. We had some fabulous hollyhocks in this border but not one has survived. However, there are some survivors, the asters and daylilies to name a couple. I have just returned from looking at the border and my mood has been greatly lifted by the presence of numerous banded demoiselle damselflies, flitting amongst the vegetation adding their metallic sparkle. The vegetable garden has no vegetables in it but looks quite attractive at the moment with self-sown foxgloves occupying the raised beds and attracting large numbers of bees.

It is going to take us several weeks to transform the garden back into something resembling how it normally looks. We like a challenge!

A depressing feature of the vegetable garden is the sight of the box hedging and topiary. Completely defoliated by the box tree caterpillar. My husband has spent some time trying to remove by hand some of the culprits. One such session of picking off the caterpillars resulted in fifty in his container from a small area of box hedge. I guess we will have to accept that our box hedges and topiary, so carefully nurtured from cuttings and shaped over several years, are now doomed. We will probably have to consign them all to the compost heap in due course. We do not want to use any pesticides as the advice seems to be that more harm to beneficial insects occurs than the elimination of the caterpillars.

It would appear that we are heading for a bumper year of apples, plums and green gages. The trees are laden with forming fruit. Some good news at last! **SB**

Great Henny Duck Race

To be held at the Henny Swan beer garden
(by kind permission of the Henny Swan)



Sunday 7th July at 3.30pm

£100 prize for the winning duck

Second place prize £50



**Tickets for ducks are £3 each, available in advance,
from Steve White 07711432709**

Don't miss out on having a duck (or two) in the race as only a limited
number of ducks can take part!!

*In aid of Henny Parish Room (charity no. 301315) and
The Friends of St Mary's, Great Henny (charity no. 1007732)*





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Opening

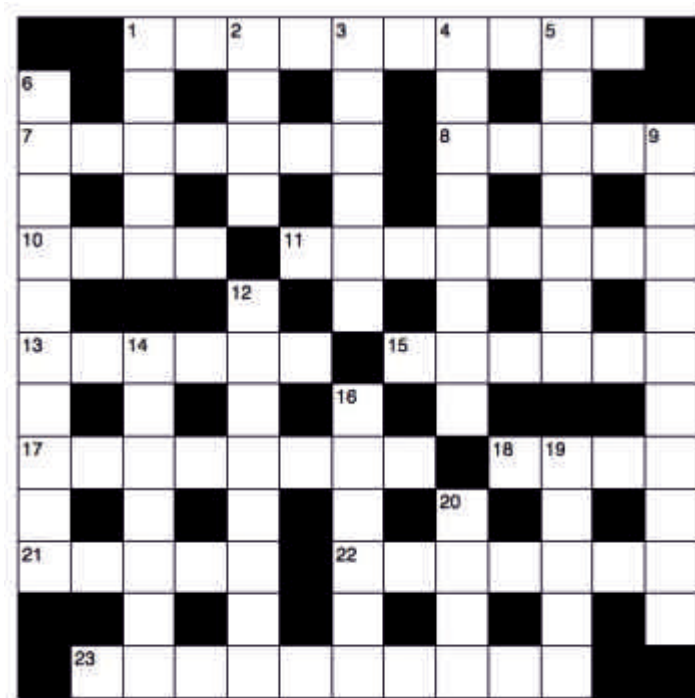
Monday - Thursday	11:30 - 10:30	(Last food seating 8:30)
Friday & Saturday	11:30 - 11:00	(Last food seating 9:00)
Sunday	12:00 - 9:30	(Last food seating 7:00)

The Henny Swan, Henny Street, Great Henny CO10 7LS

01787 267953

mail@thehennyswan.co.uk

Crossword



Answers on page 25

Clues

Across

- 1 Relating to the Jewish day of rest (10)
- 7 Point of view (Matthew 22:17) (7)
- 8 20th-century Brethren philanthropist whose construction company became one of the UK's biggest, Sir John — (5)
- 10 Girl's name (4)
- 11 Peter was accused of being one in the courtyard of the high priest's house (Luke 22:59) (8)
- 13 The fifth of the 'seven churches' (Revelation 3:1-6) (6)
- 15 'Now the famine was — in Samaria' (1 Kings 18:2) (6)
- 17 Banned by the seventh Commandment (Exodus 20:14) (8)
- 18 Insect most closely associated with itching (1 Samuel 24:14) (4)
- 21 Bantu tribe which gives its name to tiny landlocked country in southern Africa (5)
- 22 Familiar material in churches that use an overhead projector (7)
- 23 Last book of the Bible (10)

Down

- 1 The young David's favourite weapon (1 Samuel 17:40) (5)
- 2 'Your vats will — over with new wine' (Proverbs 3:10) (4)
- 3 Once yearly (Exodus 30:10) (6)
- 4 Milled it (anag.) (3-5)
- 5 Region north of Damascus of which Lysanias was tetrarch (Luke 3:1) (7)
- 6 Comes between Philippians and 1 Thessalonians (10)
- 9 Lake where the first disciples were called (Luke 5:1-11) (10)
- 12 Abusive outburst (8)
- 14 Are loud (anag.) (7)
- 16 Printing errors (6)
- 19 'Take my yoke upon you and — from me' (Matthew 11:29) (5)
- 20 Jacob's third son (Genesis 29:34) (4)

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Lamarsh

Magazine Contact **Brett & Rosemary Johnson 01787 227988**
www.lamarshvillagehall.com

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Charity Number **301351**



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Regular Events

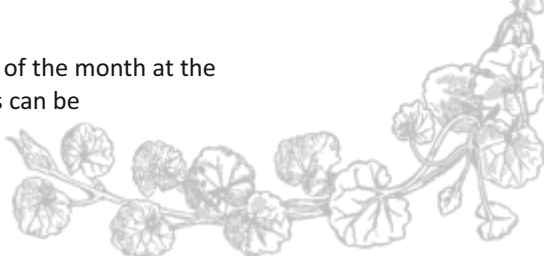
Community Library	Every Thursday (except 4 July) and every first and third Saturday of month	10.30 to 11.30am
Coffee Mornings (with Lottery Draw) First Thursday of month except July (because of General Election).	Friday 5 July Thursday 1 August	10.40am to 12 midday
Find the Flow. Yoga with Daphne. For more information, email abctoolkityoga@gmail.com	Wednesday mornings	10-11.15am

Special Events

Agility, Flyball and Dog Show. To be held in field opposite church. Licensed bar, food, bouncy castle, face painting and stalls. Contact jane@lamarshvillagehall.com	Monday, 26 August.	12-4pm
---	--------------------	--------

Village Lottery

The village lottery is drawn first Thursday of the month at the same time as the coffee morning. Tickets can be purchased directly from Jane@lamarshvillagehall.com



Lamarsh Lottery



Winning Numbers

*To be given in
September Lookout*

1st Prize £30

2nd Prize £15

3rd Prize £5

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Email: jane@lamarshvillagehall.com

Registered Charity No. 301351

Lottery registered with Braintree Council Registration no: LOT1207

Crossword Solutions



Sudoku Solutions

6	2	8	1	4	5	3	9	7
4	5	3	8	7	9	6	2	1
7	9	1	2	6	3	4	5	8
5	3	9	7	2	1	8	4	6
8	4	2	3	9	6	7	1	5
1	7	6	4	5	8	2	3	9
2	6	4	9	1	7	5	8	3
3	1	7	5	8	4	9	6	2
9	8	5	6	3	2	1	7	4

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Tree Covered by Caterpillars' Web

From Fiona Adedotun



This is the web of the Ermine moth caterpillar. They start creating them from May till June. Although they look rather spooky, the webs are made by the caterpillars just to protect themselves from predators. They eat almost all the leaves on the trees they cover, but most of them survive. Although the caterpillars are poisonous to birds, the webs are harmless.

Smile Lines

When Radio encounters the Bible

A dramatist employed to write stories from the Bible in radio form was astonished at the end of a broadcast to hear the announcer say, 'Will Cain kill Abel? Tune in at the same time tomorrow and find out!' – *Albert R Perkins, Vogue Magazine 1943*



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Smile Lines

Miscellaneous observations:

In filling out an application, where it says, "In case of emergency, notify ..." I answered, "a doctor."





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A picture to colour in



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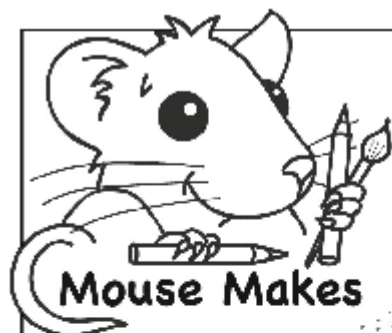
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How many days did the Lord
tell Joshua to march around
the city of Jerico?

Joshua 6:3



What did the priests
carry that were made
from rams' horns?

What was carried
along behind the priests?

The _____
Joshua 6:4

Joshua 6:4



On the seventh day
how many times did
they march around Jerico?



Who was saved from
Jerico along with
her family?

Joshua 6:6

Joshua 6:17

READ

the story
in Joshua
5:13-6:27

D	A	Y	S	A	W	A	L	K
A	J	O	S	H	U	A	R	K
S	E	V	E	N	I	O	F	L
Y	N	T	R	F	X	U	E	L
I	P	R	I	E	S	T	S	O
A	A	U	C	L	I	S	W	R
R	I	M	O	L	K	I	B	D
O	S	P	S	C	A	M	P	H
U	R	E	C	G	U	A	R	D
N	A	T	I	F	I	R	E	X
D	E	S	T	R	U	C	T	I
E	L	R	Y	R	A	H	A	B

JERICHO • LORD • JOSHUA • ISRAEL • KING • PRIESTS • GUARD
CAMP • MARCH • AROUND • DAYS • WALK • ONCE • BLOW • HORN • SOUND
DAWN • SHOUT • CITY • WALL • FELL • FLAT • FIRE • BURN • DESTRUCTION

Find the question answers in the word search too!

July 2008 deborah noble • panshump.co.uk

Middleton

Magazine Contact **Jude Johnson 01787 582559**



From the Churchwarden's Pew



Following the Friends' AGM on 11 May they moved into the churchyard for the Spring Clear Up. A small group of villagers cleared round the base of the church wall which assists in keeping damp under control.

The very large holly tree was trimmed extremely well creating a great pile of branches to move. Some wooden grave markers were re-erected and a number of the box tombs had invasive weed growth removed. The coffee, tea, pastries and biscuits were much appreciated by the band of helpers.

Whilst checking round the church as part of the clear up, some pieces of weather boarding were discovered. Looking up it was evident that they come off the Bell Tower which now needs to be repaired. An acceptable quote has been obtained and the remedial work should take place some time in July. Interestingly the builder has advised the use of steeplejacks rather than erecting scaffolding as this helps keeps the costs down. Potential entertainment for onlookers, shall we sell tickets?

Recently we had a visitor from Durham tracing his family history with many buried in All Saints churchyard. It was an enlightening meeting; his ancestors also being found in other neighbouring villages particularly Bures. He was also able to trace their homes in Middleton. We look forward to meeting with him again when he comes back in the autumn with the results of his research.



Just a reminder that Kathy and Sherrye are hosting a Strawberry Tea on Sunday 30 June 2-4 pm. at their home, St Lukes (a house, not a church) in Rectory Road Middleton. Hope to see you there enjoying the fare on offer and the views from their garden.



A big thank you to all of you who have so generously given goods for the Bric a Brac, Book and Collectables sale.

Our main discussion point at 9.30am on the 8th was the weather - will it or won't it rain? We decided to be optimists and set up all the bric-a-brac and collectables outside. And boy was there a lot of it!!

As the morning progressed, more and more goodies kept arriving, additional tables were hastily sourced ... And the sun came out! The first of the bargain hunters arrived an hour early but waited patiently until the bell was rung. Said bell was then immediately sold to the first customer. Inside the church, books, jigsaws, dvd's and cd's were on sale, and the refreshments ladies did a steady trade selling teas and coffees with slices of homemade cakes which as always were of an excellent standard. It is fair to say that whilst we were overwhelmed with the generosity of many of the donations, the event did not tempt as many of you to come along as we had hoped, but to those who did, we thank you very much. And to all the people who baked cakes, helped shift pews and tables on Friday afternoon, unpack boxes Saturday morning and the job nobody likes, the clearing up afterwards - a huge thank you for the time and effort you gave.

A profit of £360.64 was made, and will go towards the cost of repairs to the bell tower, due to be carried out in July.

Enjoy the summer, when it comes!



Walking for Macmillan Cancer Support – from Liz Radley, resident of Middleton who walked 26 miles along the North Norfolk coast.



“I am pleased to give you an update since my marathon hike a couple of weeks ago, and am happy to say I completed it (including a gruelling 3 miles of shingles) and have reached my fundraising goal. With the help of some very generous friends and neighbours, I raised a total of £536 for Macmillan Cancer Support. I appreciate the article you included in Lookout for me and thought the readers might like to hear how I'd got on!”

Very well done Liz - Editor



Rambler walks for July and August

Date and time	Description of walk	Start point	Distance	Leader and contact details
Mon 1st July 10am	Three churches walk , Moulton, Dalham and Gazeley	TBC	6.5 miles	Jan W 07976 827999
Wed 10th July 10am	Circular walk from Bures taking in the rolling countryside towards Lamarsh. 2 stiles	Bures community centre car park Nayland Road, CO8 5BX TL 908338	6 miles	Clive H 07535 689779
Fri 19th July 10am	A circular walk along the River Colne from Halstead, woodland, countryside and outskirts of Halstead	Butler Road Car park , Halstead, charges apply	5 miles	Bridget M and Jenny B 01787 280547
Tues 23rd July 10am	TBC	TBC	TBC	Keith B
w/c 28th July				
w/c 4th Aug				
Tues 13th Aug 10am	A walk from Stoke by Nayland along parts of the Stour Valley path and beside the River Box before returning Thorington Street and the Tendring Hall estate. Easy walk on good paths with an uphill section. No stiles or toilets.	Stoke by Nayland village Hall/ Recreation ground car park, TL 985364 CO 6 4QP	6 miles	Alison W 07786 398252
Sun 18th Aug 10 am	Circular walk from Castle Hedingham to Gestingthorpe and back. Meeting on green by village sign in Castle Hedingham, junction Sudbury Rd and Bailey Street. This was on previous programme on 26th May but walk had to be changed on the day	Street parking in Sudbury Rd or Batley St, Castle Hedingham	6 miles	Shirley H 01787 462759
Tues 27th Aug 10am	The Hare walk. A circular walk from Long Melford to Bridge Street via Kentwell Hall returning by Hare Drift	Old School Car park Long Melford CO10 9DX	7 miles	Linda B 07980 058988
w/c 1st Sept				
Thurs 12th Sept 9.15 for 9.30 train	Trip to Greenwich London. Taking 9.32 train to Marks Tey, then 9.56 from Marks Tey to Liverpool Street station. Walk to Tower to pick up boat with commentary on board. Time at leisure in Greenwich .then return no DLR Cutty Sark to Stratford or Bank, hourly train back to Sudbury	Sudbury Station CO10 2XB	2-3 miles	Sue B 07869 0005102



Smile Lines signs found outside churches



- It is unlikely there'll be a reduction in the wages of sin.
- If you don't like the way you were born, try being born again.
- Looking at the way some people live, they ought to obtain eternal fire insurance soon.
- Forbidden fruit creates many jams.
- Running low on faith? Stop in for a fill-up.

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Twinstead

Magazine Contact **David Holland 01787 269693**



David Holland writes:

Across our lovely north Essex villages, the countryside is one of the most highly prized assets we all share. As you know, I have been doing my best for over a decade to help make sure its natural beauty is protected and enhanced for us all. And whilst I am very aware of the threat to this from energy industrialisation, recent changes to the planning system could actually lead to increasing nature recovery in our area.

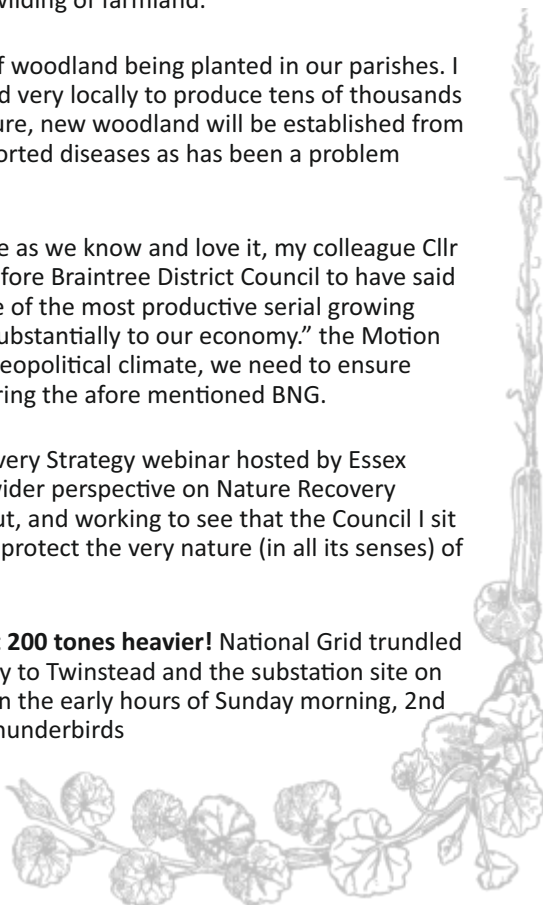
Biodiversity Net Gain (BNG), according to the Government, is an approach to development. It makes sure that habitats for wildlife are left in a measurably better state than they were before the development. Sometimes that is not possible on-site, and that provides an opportunity for landowners to deliver paid-for compensatory improvement in wildlife habitat off-site. And that is just what is starting to happen around here - the re-wilding of farmland.

We can also look forward to new areas of woodland being planted in our parishes. I hear too, of a tree farm being established very locally to produce tens of thousands of new saplings from seed, so that in future, new woodland will be established from native grown native trees, free from imported diseases as has been a problem hitherto.

In a further effort to keep our countryside as we know and love it, my colleague Cllr Iona Parker and I are putting a motion before Braintree District Council to have said council "recognise that this District is one of the most productive serial growing regions in the Country, and contributes substantially to our economy," the Motion goes on to point out that in the current geopolitical climate, we need to ensure security of food supply along with delivering the afore mentioned BNG.

I'll also be attending a Local Nature Recovery Strategy webinar hosted by Essex County Council which should provide a wider perspective on Nature Recovery initiatives. This is all part of learning about, and working to see that the Council I sit on and its Planning Policies, support and protect the very nature (in all its senses) of the place we all live in and love.

In other news, Twinstead is now at least 200 tones heavier! National Grid trundled their transformer from Tilbury, all the way to Twinstead and the substation site on the A131 at 10 - 15 mph, finally arriving in the early hours of Sunday morning, 2nd June. The whole process looked rather Thunderbirds



like (if you, like me, remember Gerry Anderson's wonderful kids puppet adventures on TV) and Nick Hill captured the thing clambering up the hill in Halstead on camera. You'll find the video on Facebook if you haven't seen it.



Doggy Matters

There are a couple of doggy events this summer with our own Twinstead Dog Walk, details below, and over in Lamarsh, Jane Chambers has organised a dog show with plenty of fun competition classes and events that should make for a great day out.

St George's Day Lunch

As you saw in last month's Lookout, the Village Hall was appropriately decorated and St George's Day was celebrated with over 30 people enjoying a lunch of squash soup, crusty bread and cakes decorated for St George's Day. A sing song, with Henrietta and Lorraine leading, was performed with great gusto. Lorraine had made the most amazing cake depicting George and the dragon; this featured as the main prize in the raffle. **As well as being a really fun event, £214 was raised so well done to the organisers.**

Village Hall Social

The July Social will take place on Saturday 13th July, 10-12. As always, tea, coffee, homemade cakes and sausage rolls will be available as well as a warm welcome. A small selection of pre-loved books are also available to buy for 50p each.

Dog Walk

Wednesday September 11th

(with or without a 4-legged friend)

This will be a fun event with tea or coffee to get you started, a good walk and then a scrummy lunch to restore you afterwards...



Meet at Twinstead Village Hall from 10.30am for tea or coffee. Details of the walk will be given to you; the walk should last 1-1½ hours. Return to the hall for a light lunch. The cost of this event is £15; all welcome. Please book in advance either by phoning 01787 829066 or email us at twinsteadvillagehall@gmail.com. When you book, please advise us of any food allergies.

Please note that all dogs must be on leads. Water will be available for them at the Village Hall.

Other dates for your diary:

Flower Festival 2025

The Village Hall management Committee together with Twinstead PCC are organising a **Flower Festival** for the weekend of June 14/15th June 2025. The Flower Festival will take place in the church while refreshments and stalls will be available in the hall. There will be a plant stall; it would be appreciated if gardeners could take cuttings and, when thinning out perennials, pot them on for sale on the stall. If anyone would like to run a stall please let any one on either the PCC or Hall Management committee know...we would appreciate as many offers of help as possible.



Village Hall Socials

Please note that there will be NO social during August.

The September social will take place on Saturday 14th between 10am and 12 noon.

A Quiz Night is planned for Friday, 18th October. Details re this event will be released in September.

Twinstead Village Improvement Society

Results of the Lottery draw held Friday 7th June, from Carol Swan

£20 Ticket No. 83 .. Westwood

£10 Ticket No. 132 .. Holland - the tenner went to the Missus!

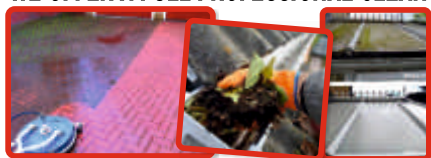
£10 Ticket No. 48 .. Weavers

Congratulations everyone

Well, that's it for the summer edition and please remember, this is YOUR magazine and we would just love you to contribute to its content in September.

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Magazine Contact **Susannah Goodbody 01787 269250**



Services in our church:

Sunday July 7th 4.00 Benefice Evensong BCP **14th** 9.30, Holy Communion

Sunday August 11th 9.30, Holy Communion

Please look elsewhere in this magazine to see where other services are being held within the Benefice.

FLOWERS, POST OFFICE, LIBRARY ROTAS IN JULY & AUGUST

Flowers in July: Mrs O'Sullivan **August -** Mrs Rudd

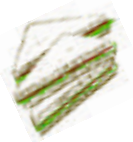
Post Office: (Please see info on another page.) It is important that we use it to keep it.

Mobile Library: Tuesdays in **July:** 2nd & 23rd. **August:** 13th beside the Village Green at 2.05 – 2.35 pm.

Events in July and August

SANDWICH AND CAKE LUNCH

provided by the WSP W.I. on the third Friday in the month
WICKHAM ST. PAULS VILLAGE HALL



Friday 19th July 2024

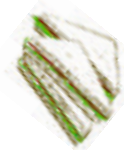
and

Friday 16th August 2024

also on

Friday 20th September 2024

Serving from 12 noon to 1.00



All welcome – lifts available (phone 267854)

W.S.P. Bowls Club We meet in the Village Hall from **2 - 4.30 pm on Mondays.**

No experience is necessary so just pop along and give it a try.

For future dates and any further information please check with

Mary Weavers 269689 or Pam Nuttall 267854

Looking Forward

Dog Show News

Saturday 14th September 1-5pm on the Village Green

The Wickham Fun Dog Show will soon be upon us. I am looking for stall holders and volunteers to help me on the day. So if you can spare a few hours to help with this wonderful event it would be much appreciated. The show starts at 1pm and will finish at 5pm. The WI will be serving cakes and teas in the Village Hall along with burgers and hot dogs outside. Simon's charity for retired police dogs will be putting on a demonstration on how they catch the bad guys, and All Action dogs will be demonstrating the best way to train your dog, Heddingham Hounds will be there with their agility course and there will be lots of stalls.

The classes will start at 1.30 and our judges this year are the Linkwood Veterinary team who did an amazing job last year. Classes include Best Child Handler, Best Pedigree, Best Rescue etc (please note there is NO fancy dress class this year) Prizes to be won and Best In Show trophy for our overall winner, so bring your four legged friend along for some fun.

Picnic chairs and blankets are a good idea if you want to sit around the arena for the show. Funds raised will go towards our beautiful church, Village Hall and Guide Dogs for the Blind.

Our website address is www.wickhamdogshow.co.uk

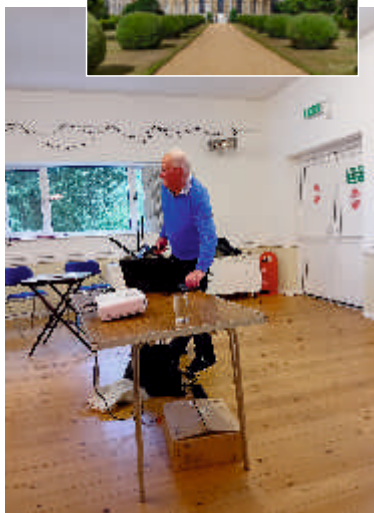
For more information please contact me direct on 01787 269862, Susan Read, Event Organiser

Looking Back

W.I. Talk

The talk last month was by Allen Burbridge on the HERVEYS OF ICKWORTH.

Ickworth Estate, formerly a deer park of 1800 acres, was owned by generations of the Hervey family, the Marquesses of Bristol, since the fifteenth century. The house was commissioned and designed to be an Italian palace by Frederick Hervey 4th Earl of Bristol, and was finally completed at the beginning of the nineteenth century. It was originally planned as an art gallery to house Frederick's immense art collection, but as this collection had been seized by Napoleon, the house and grounds became the chief dwelling of generations of the Hervey family. The 2nd Earl of Bristol, George William Hervey was an immense collector of silver and thus Ickworth now



has the finest collection of Georgian silver in Europe. It also houses fabulous collections of portraits, paintings, furniture and porcelain

In 1954 Alise Frances Theodora Wythes, the wife of Rear Admiral Frederick William Fane Hervey (who died in 1951) gave Ickworth House and Park to the National Trust, but with the agreement that the family retain the 60 room east wing. However in 1998 the National Trust took over the East wing which is now run as The Ickworth Hotel.

The original Norman church, a short walk from Ickworth House, remains in the hands of the Hervey family, where most of the family are buried. It has recently undergone repairs with the help of an English Heritage grant.

Wickham Lottery

Congratulations and a cheque for £25 goes to Ronnie Smith who is the holder of No. 9, the winning Bonus Ball for June 2024.

This and that.....

From one of our readers, for which thank you! – Ed.

A child and his father were visiting an elderly neighbour. They were raking the neighbour's leaves, organizing the neighbour's garage, putting the trash out, and performing other small jobs around the neighbour's house. The child had not really seen the elderly neighbour up close, but on this day the child was going to meet the neighbour up close for the first time. When the child met the neighbour he asked the neighbour how old he was, and the father was flabbergasted by his child's question and attempted to apologize to the neighbour, but the neighbour laughed and said that was ok, the child is curious. The elderly neighbour told the child he was 92 years old. The child had a look of unbelief and asked the neighbour, "Did you start at the number one?"



The advertisement features a central graphic with two motorcycles, a cruiser on the left and a scooter on the right, flanking the text "Motorcycles Wanted" in a stylized script font. Below this, the text "CASH PAID FOR ALL BIKES & PARTS" is written in red. A dark grey rectangular box contains the following text in white: "ALL MOTORCYCLES ANY CONDITION", "MOPEDS SCRAMBLERS", "SCOOTERS QUAD BIKES", and "CALL DARREN 07775 998628". At the bottom, the phrase "British Motorcycles Wanted Urgently" is written in a red script font.

Motorcycles Wanted

CASH PAID FOR ALL BIKES & PARTS

ALL MOTORCYCLES ANY CONDITION

MOPEDS SCRAMBLERS

SCOOTERS QUAD BIKES

CALL DARREN 07775 998628

British Motorcycles Wanted Urgently

Wickham St Pauls Parish Council

Are you ready for the end of analogue landlines? Essex County Council's Digital Essex team wants to make residents in Wickham St Pauls aware that changes are coming to analogue landlines. By 2025, traditional phone lines will be replaced by a digital landline service. This means that calls will be made over a broadband line. For most residents, this change will be straightforward – you can also keep your phone number. Your telephone provider will contact you before anything changes. It is important to respond, and discuss what you need to do to ensure your service won't be affected.

The switch to digital landline services could affect some residents. If any of the following apply to you, or someone you know, make sure you contact your telephone provider:

- You don't have broadband
- You rely solely on a landline
- You use a personal alarm or healthcare device
- You live in an area with poor mobile signal
- You have additional needs



If you're confused, worried, unsure, or have any questions, call your telephone provider. Visit us at an event near you! Digital Essex will be attending events across Essex this Spring and Summer, where we will be sharing the latest information about changes to phone lines.

We are planning to attend the Braintree Street Market event on 29th June. This is subject to change so please see the full list of events at

www.superfastessex.org/landline-switch-events

BT is also visiting locations across Essex throughout May. For full details, visit their website at www.bt.com/broadband/digital-voice/events

If you'd like to read more about the switch to digital landlines, visit Essex County Council's website:

www.essex.gov.uk/landline-switch

If you have any Highway issues Residents can [report issues to Essex Highways online, www.essexhighways.org](http://www.essexhighways.org) or by calling 0345 758 5592 if there is a risk to safety.

Vacancy for Councillors on Wickham St Pauls Parish Council



We currently have Cllr vacancies on Wickham St Pauls Parish Council.

If anyone is interested, in joining us, please contact the Parish Clerk for further information and an application form.

E-MAIL:
parishclerk@wickhamstpaulsparishcouncil.org

Flag Flying Programme

1 July	British Virgin Islands Day	(1857)	British Virgin Isles
1 July	Canada (Dominion Day)	(1867)	Canada
4 July	American Independence Day	(1776)	Grand Union
5 July	Cayman Island Constitution Day	(1958)	Cayman
9 July	Anniversary of the White Ensign	(16th C.)	White Ensign
9 July	W.I. Meeting 2nd. Tuesday	(1915)	Essex W.I.
10 July	Start of the Battle of Britain Day	(1940)	RAF
14 July	Bastille Day	(1789)	Tricolore
17 July	Birthday of the Queen Consort	(1947)	Union
19 July	Soup & Cake Village Hall		Essex W.I.
22 July	Birthday of Prince George	(2013)	Union
3 August	Battle of the Nile	(1798)	White Ensign
4 August	Cook Island Day	(1901)	Cook Island
5 August	British Colombia Day (1st. Monday)	(1858)	British Columbia
15 August	B'day Princess Royal (1950) + V.J. Day (1945)		Union
16 August	Soup & Cake Village Hall		Essex W.I.
20 August	Hawaii (3rd. Friday)	(1845)	Hawaii
24 August	Ukraine Independence day	(1991)	Ukraine
26 August	Battle of Crécy	(1346)	3-lions
28 August	W.St.P. Lady resident with the most birthdays		W.St.P.

The St. George flag will be flown most of the time in between other appointed flags. A full list of our flag flying days is posted on the village notice board and on the W.S.P. website.

Belchamp Morris

Our main event was at the Belchamp Fête on the 2nd June and what a great day we had, sun shining, masses of stalls and hundreds of people. We had a really attentive audience and cajoled some of them to join in the dancing. Our M.P. James Cleverly made an impromptu appearance and was happy to have his photograph taken with us.

We have had lots more events in June and even more planned for July and August; it is the busy season. We have another 'Taster Session' planned at the Sudbury Arts Centre (St. Peter's Church Market Hill) on Saturday 3rd August. It is an opportunity to try your hand at 'Morrising', keep your eyes open nearer the date for the event times.



*The Rt Hon James Cleverly - Secretary of State, with Derek.
Photographer: Adrian Case*

If you like to exercise and socialise, dance or play music, then please come along and join us. We usually practice on Monday nights at Belchamp St. Paul Community Hall from 8.30 to 9.30 p.m. and then the drinks at the Red Lion after your 'initiation' are on us!

Look us up on belchampmorrismen.co.uk email us at: info@belchampmorrismen.co.uk

Derek 269284

OTHER ITEMS

POST OFFICE - OPENING TIMES AND INFORMATION



The Post Office is open on Tuesdays and Thursdays (NOT Mondays)

Tuesday 10am - 1pm

Thursday 9am - 1pm

Postal Service	Money	Travel
Letters & Parcels	Everyday banking including cash withdrawal and cash & cheque deposits	Travel Money
Collect & Return		Savings
Drop & Go		Moneygram
		Bill Payments
		Utility & mobile

USE IT OR
LOSE IT!

**WICKHAM ST PAULS
VILLAGE HALL**

Opening Times &
Information

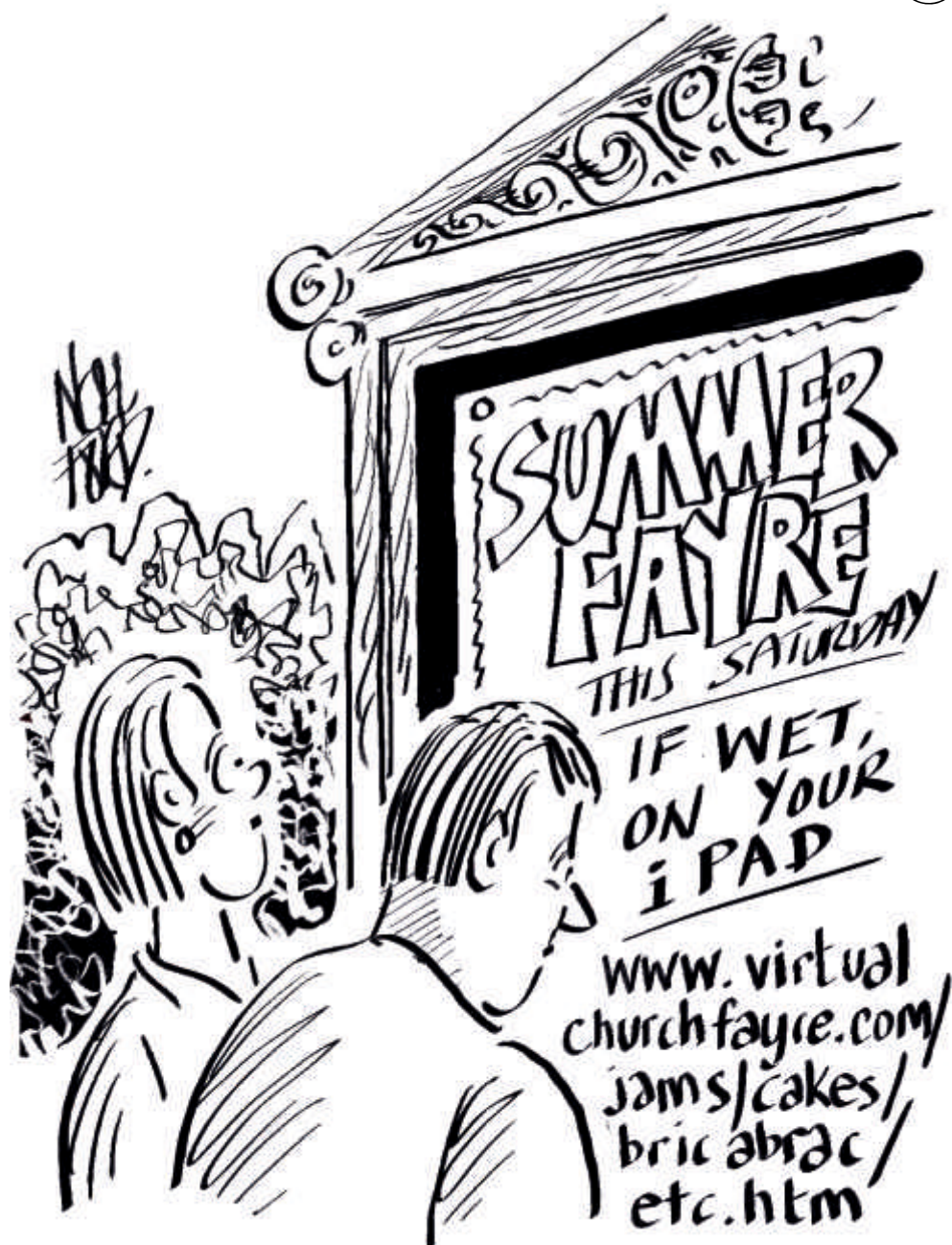
Tuesday 10am til 1pm
Thursday 9am til 1pm

Letters & Parcels
Collect & Return
Everyday Banking
Travel Money
Plus Much More!

And finally

Please let me have any material for the **September** edition of Lookout by **Monday 5th August** (holiday time) with cut-off is 12.00noon Wednesday 7th August.

Thank you, **Susannah**



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www.helluxton.co.uk

Housekeeper Wanted

Professional couple looking for an experienced local housekeeper to help with regular cleaning, general household tasks including: ironing, deliveries, drop-off/collection of dry cleaning and possibly house-sitting.

House will require a minimum of 6 hours weekly (max 8) ideally split between 2 days (Mon & Fri preferred) - perhaps a 3rd day if required

All materials & equipment provided.
Excellent hourly rate with local mileage included.

Email PCSB2010@gmail.com for more details.

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