



THE
CONNECTION
PROJECT



CONFIDENCE TO CONNECT

HELPING YOU FEEL CONFIDENT ONLINE

Want to feel safe and in control when using digital services?

Confidence to Connect is a local initiative designed to help you do just that.



READY TO FIND OUT MORE

Call AbilityNet today on **0300 180 0028** for a friendly, informal chat. You can ask questions, talk through the support available, and decide if it's right for you.



Confidence to Connect is offering free, one-to-one support to help you use digital services with confidence. It is provided by the BBC, BT, Halifax, Lloyds, Bank of Scotland, and Openreach. We're working with local partners and charities, including Essex County Council, AbilityNet, The Braintree Hub and First Stop Centre, to help with digital participation.

You don't need experience - just curiosity.

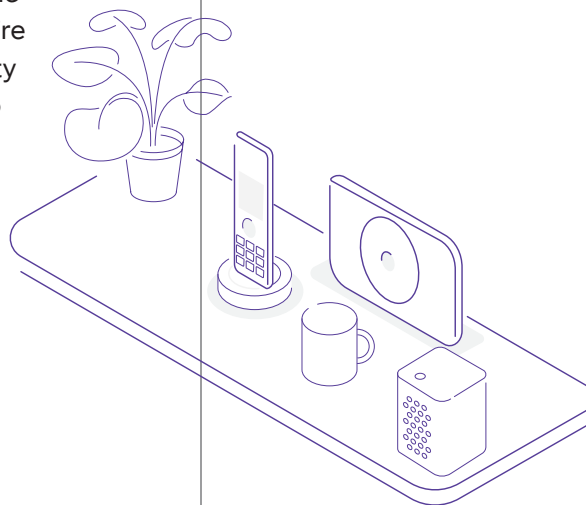
We'll support you with the rest.



HOW IT WORKS

A friendly person from your local area will take time to understand what you need. They'll support you at your own pace to:

- ✓ **Feel more confident and safer online**
- ✓ **Stay connected with family and friends**
- ✓ **Get everyday things done more easily online**
- ✓ **Feel more confident spotting scam messages and staying secure**



EXTRA SUPPORT WITH TECHNOLOGY

As part of the programme, you may be given free equipment to help you with everyday technology. It could help you with:

- ✓ **Getting more out of your TV (for example, pausing or rewinding programmes)**
- ✓ **Enjoying clearer video or voice calls with family and friends**
- ✓ **Streaming programmes while others are online at the same time**

YOUR FEEDBACK MATTERS

As this is a local programme, we'll ask for your feedback. We'll ask questions about what worked well or what could be improved. Your input helps us make services better for others in the future.

STAYING SAFE

We understand that people may be worried about scams. You can check that this offer is genuine by:

Calling AbilityNet on **0300 180 0028**

Visiting www.connectionproject.co.uk/essex

We'll never ask you for money, your bank details, or to take control of your device.